

## Prestatietijden: Loodsvisje

### 25m-bad, meisjes

		300	350	400	450	475	500	525	550
FINA SCORES*		11	12	13	14	15	16	17	18+
50	vrije slag							00:28,42	00:27,99
100	vrije slag	01:15,06	01:11,30	01:08,20	01:05,57	01:04,40	01:03,31	01:02,29	01:01,33
200	vrije slag	02:44,78	02:36,53	02:29,71	02:23,95	02:21,38	02:18,98	02:16,74	02:14,64
400	vrije slag	05:45,52	05:28,21	05:13,92	05:01,84	04:56,45	04:51,42	04:46,72	04:42,31
800	vrije slag	11:53,17	11:17,45	10:47,96	10:23,01	10:11,88	10:01,51	09:51,18	09:42,70
1500	vrije slag	22:36,73	21:28,78	20:32,67	19:45,21	19:24,04	19:04,31	18:45,85	18:28,53
100	rugslag	01:21,99	01:17,89	01:14,50	01:11,63	01:10,35	01:09,16	01:08,04	01:06,99
200	rugslag	02:57,67	02:48,77	02:41,43	02:35,21	02:32,44	02:29,86	02:27,44	02:25,17
100	schootslag	01:33,15	01:28,49	01:24,64	01:21,38	01:19,92	01:18,57	01:17,30	01:16,11
200	schootslag	03:21,02	03:10,95	03:02,64	02:55,61	02:52,47	02:49,55	02:46,81	02:44,25
100	vlinderslag	01:20,74	01:16,70	01:13,36	01:10,53	01:09,27	01:08,10	01:07,00	01:05,97
200	vlinderslag	02:58,67	02:49,72	02:42,34	02:36,09	02:33,30	02:30,70	02:28,27	02:25,99
200	wisselslag	03:02,03	02:52,92	02:45,39	02:39,02	02:36,18	02:33,53	02:31,06	02:28,73
400	wisselslag	06:26,80	06:07,43	05:51,44	05:37,91	05:31,87	05:26,24	05:20,98	05:16,04
* De FINA-tabellen, zoals gekend op 15/12/2023 zijn gebruikt voor het opstellen van deze loodvisje-tijden									

## Prestatietijden: Loodsvisje

### 25m-bad, jongens

		225	275	350	400	425	475	500	525	550
FINA SCORES*		11	12	13	14	15	16	17	18	19+
50	vrije slag								00:24,99	00:24,61
100	vrije slag	01:13,72	01:08,95	01:03,63	01:00,86	00:59,64	00:57,47	00:56,49	00:55,58	00:54,73
200	vrije slag	02:43,38	02:32,81	02:21,00	02:14,87	02:12,17	02:07,36	02:05,20	02:03,18	02:01,28
400	vrije slag	05:48,97	05:26,39	05:01,18	04:48,07	04:42,30	04:32,03	04:27,42	04:23,10	04:19,06
800	vrije slag	12:09,05	11:21,87	10:29,21	10:01,81	09:49,77	09:28,31	09:18,67	09:09,66	09:01,20
1500	vrije slag	23:12,39	21:42,30	20:01,71	19:09,39	18:46,40	18:05,40	17:47,00	17:29,79	17:13,64
100	rugslag	01:19,46	01:14,32	01:08,58	01:05,59	01:04,28	01:01,94	01:00,89	00:59,91	00:58,99
200	rugslag	02:53,67	02:42,43	02:29,89	02:23,36	02:20,49	02:15,38	02:13,09	02:10,94	02:08,92
100	schoolslag	01:30,89	01:25,01	01:18,44	01:15,03	01:13,53	01:10,85	01:09,65	01:08,52	01:07,47
200	schoolslag	03:17,56	03:04,78	02:50,51	02:43,08	02:39,82	02:34,00	02:31,39	02:28,95	02:26,66
100	vlinderslag	01:18,56	01:13,47	01:07,80	01:04,85	01:03,55	01:01,24	01:00,20	00:59,23	00:58,32
200	vlinderslag	02:55,68	02:44,31	02:31,62	02:25,02	02:22,12	02:16,94	02:14,62	02:12,45	02:10,41
200	wisselslag	03:00,25	02:48,58	02:35,56	02:28,79	02:25,81	02:20,51	02:18,13	02:15,90	02:13,81
400	wisselslag	06:26,06	06:01,08	05:33,19	05:18,69	05:12,31	05:00,94	04:55,84	04:51,07	04:46,59
* De FINA-tabellen, zoals gekend op 15/12/2023 zijn gebruikt voor het opstellen van deze loodsvijsje-tijden										

## Prestatietijden: Loodsvisje

### 50m-bad, meisjes

		300	350	400	450	475	500	525	550
FINA SCORES*		11	12	13	14	15	16	17	18+
50	vrije slag							00:29,34	00:28,89
100	vrije slag	01:17,24	01:13,38	01:10,18	01:07,48	01:06,27	01:05,15	01:04,10	01:03,11
200	vrije slag	02:48,77	02:40,32	02:33,34	02:27,43	02:24,80	02:22,35	02:20,05	02:17,89
400	vrije slag	05:53,13	05:35,45	05:20,84	05:08,49	05:02,98	04:57,85	04:53,04	04:48,53
800	vrije slag	12:04,18	11:27,91	10:57,96	10:32,63	10:21,33	10:10,80	10:00,94	09:51,70
1500	vrije slag	22:55,01	21:46,15	20:49,28	20:01,19	19:39,73	19:19,73	19:01,02	18:43,47
100	rugslag	01:25,82	01:21,52	01:17,97	01:14,97	01:13,63	01:12,38	01:11,21	01:10,12
200	rugslag	03:04,26	02:55,03	02:47,41	02:40,97	02:38,09	02:35,41	02:32,90	02:30,55
100	schoolslag	01:35,80	01:31,00	01:27,04	01:23,69	01:22,19	01:20,80	01:19,50	01:18,27
200	schoolslag	03:27,56	03:17,17	03:08,58	03:01,32	02:58,09	02:55,07	02:52,24	02:49,59
100	vlinderslag	01:22,88	01:18,73	01:15,30	01:12,40	01:11,11	01:09,90	01:08,77	01:07,71
200	vlinderslag	03:01,96	02:52,85	02:45,32	02:38,96	02:36,12	02:33,47	02:31,00	02:28,67
200	wisselslag	03:08,40	02:58,96	02:51,17	02:44,58	02:41,64	02:38,90	02:36,34	02:33,93
400	wisselslag	06:37,89	06:17,96	06:01,51	05:47,59	05:41,38	05:35,59	05:30,18	05:25,10
* De FINA-tabellen, zoals gekend op 15/12/2023 zijn gebruikt voor het opstellen van deze loodvisje-tijden									

## Prestatietijden: Loodsvisje

### 50m-bad, jongens

		225	275	350	400	425	475	500	525	550
FINA SCORES*		11	12	13	14	15	16	17	18	19+
50	vrije slag								00:25,92	00:25,52
100	vrije slag	01:17,04	01:12,06	01:06,49	01:03,60	01:02,33	01:00,06	00:59,04	00:58,09	00:57,19
200	vrije slag	02:47,70	02:36,85	02:24,74	02:18,44	02:15,67	02:10,73	02:08,51	02:06,44	02:04,49
400	vrije slag	06:01,83	05:38,42	05:12,28	04:58,68	04:52,71	04:42,05	04:37,27	04:32,80	04:28,60
800	vrije slag	12:23,35	11:35,25	10:41,55	10:13,62	10:01,35	09:39,46	09:29,64	09:20,45	09:11,82
1500	vrije slag	23:52,08	22:19,42	20:35,96	19:42,16	19:18,51	18:36,34	18:17,42	17:59,71	17:43,10
100	rugslag	01:24,84	01:19,35	01:13,22	01:10,03	01:08,63	01:06,13	01:05,01	01:03,96	01:02,98
200	rugslag	03:04,01	02:52,11	02:38,81	02:31,90	02:28,86	02:23,44	02:21,01	02:18,74	02:16,60
100	schoolslag	01:33,52	01:27,47	01:20,71	01:17,20	01:15,65	01:12,90	01:11,66	01:10,51	01:09,42
200	schoolslag	03:27,08	03:13,68	02:58,72	02:50,94	02:47,52	02:41,42	02:38,69	02:36,13	02:33,72
100	vlinderslag	01:21,30	01:16,04	01:10,17	01:07,11	01:05,77	01:03,38	01:02,30	01:01,30	01:00,35
200	vlinderslag	03:01,41	02:49,68	02:36,57	02:29,75	02:26,76	02:21,42	02:19,02	02:16,78	02:14,67
200	wisselslag	03:07,43	02:55,30	02:41,76	02:34,72	02:31,63	02:26,11	02:23,63	02:21,31	02:19,14
400	wisselslag	06:40,91	06:14,97	05:46,00	05:30,94	05:24,32	05:12,52	05:07,22	05:02,26	04:57,61
* De FINA-tabellen, zoals gekend op 15/12/2023 zijn gebruikt voor het opstellen van deze loodvisje-tijden										